

3 day clinic

Horse psychology & horse handling Skills



WELCOME TO OUR CLINIC

We are honoured to welcome you to our clinic at the beautiful Lagoon property in Braidwood. Your weekend is designed to inspire connection, encourage meaningful discussion, and support your continued growth with your horse and your partnership.

It is our privilege to host this special experience for you and your horse. With years of knowledge and support behind us, we are ready to guide you through challenges, celebrate progress, and build your confidence in you and your horse. Our aim is for this clinic to not only fulfil your hopes and expectations but also inspire you to explore your adventures confidently.

We hope you leave feeling more confident, connected, with stronger communication skills that will benefit you and your horse long after this clinic concludes. To ensure a smooth arrival, we will provide you with detailed information below, including a guide preparing you and your horse to be comfortable through out your stay.

Thank you for choosing to be part of this journey . We look forward to working with you and your horse, and sharing an inspiring and memorable experience together.

WHAT TO BRING

Arrival time from 7am

Clinics wed, thurs, fri

8.30am-3.30pm Clinic

Booking in accomodation for overnight stay is available. Please inquire via email with clinic name and details for your booking and we will confirm your request.

Colonial motel or cedar lodge accomodation, the stables. Please enquire direct to our office and we can organise this booking as well as air bnb around town

Agistment for horse for 3 days is available

Please bring food for your horse's daily dietary needs. We can supply if preordered for the clinic 5 day prior.

Byo Buckets, hay nets, rugs etc.

Please have a biscuit of hay for the middle of the day for some roughage being in a new environment to seek comfort.

electrified fences welcome or byo pens allowed

horse trailers can stay on site.

What to bring: ropes 12 foot and up 24 foot in length

rope alters

A ground work crop 120cm (professional choice training stick) for primary use to be the extension of your arm, preference with a loop on the end.

Orders for stock can be placed prior to the clinic min period for ordering is 2 weeks notice outside clinic

BYO Saddle and bridle that you are currently riding in.

Dress warm with layers, warm jackets, gloves and beanies for the winter.

sun block for the warmer days, and PPE gear, long shirts and hats for the protection from the sun. safe regulations for helmets



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Time	Day 1	Day 2	Day 3
8.30am -9.30am	Brief	Brief	Brief
9.30am-12noon	Ground work horse psychology Art of breathing	Ground work and horse psychology Art of breathing	Ground work skills and training and under saddle Art of breathing
12 noon-1 pm	Lunch	Lunch	Lunch
1pm-3pm	Ground Work & lunging and horse psychology Art of breathing	Ground Work, Connection and Acceptance	Warm up ground skills and Undersaddle Art of breathing
3pm-3.30pm	Summary	Summary	Summary

GOT QUESTIONS?

Please do not hesitate to reach out with any questions please email horseattitude@outlook.com for any further details.

